



May 2025 | * GG Central Kitchen | [Breakfast Menu](#) | [NSLP K-8 Hot Pack](#)

Breakfast 24/25

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
Week 2 Day 1	Week 2 Day 2	Week 2 Day 3	Week 2 Day 4	Week 2 Day 5
GRAIN	MAIN ENTREE	MAIN ENTREE	GRAIN	GRAIN
WG Blueberry Lemon Bread 33 g Carb	Scrambled Eggs 0 g Carb	French Toast Casserole 28 g Carb	WG Waffle(s) 24 g Carb	WG Zucchini Bread 20 g Carb
FRUIT	GRAIN	FRUIT	FRUIT	FRUIT
Whole Red Apple 25 g Carb	WG Bread Slice 13 g Carb	Whole Red Apple 25 g Carb	Whole Red Apple 25 g Carb	Whole Red Apple 25 g Carb
MILK	FRUIT	MILK	MILK	MILK
1% Milk 13 g Carb	Golden Delicious Apple 25 g Carb	1% Milk 13 g Carb	1% Milk 13 g Carb	1% Milk 13 g Carb
Skim Milk 12 g Carb	MILK	Skim Milk 12 g Carb	Skim Chocolate Milk 20 g Carb	Skim Chocolate Milk 20 g Carb
Skim Chocolate Milk 20 g Carb	1% Milk 13 g Carb	Skim Chocolate Milk 20 g Carb	Skim Milk 12 g Carb	Skim Milk 12 g Carb
	Skim Chocolate Milk 20 g Carb		CONDIMENTS	
	Skim Milk 12 g Carb		Breakfast Syrup Cup 21 g Carb	

5 Week 3 Day 1 GRAIN Strawberry Muffin 31 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Milk	6 Week 3 Day 2 GRAIN WG French Toast Sticks 19 g Carb FRUIT Golden Delicious Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk	7 Week 3 Day 3 MAIN ENTREE Baked Pear Oats 59 g Carb GRAIN Granola Crumble 24 g Carb FRUIT Whole Red Apple 25 g Carb MILK	8 Week 3 Day 4 GRAIN WG Pancake 28 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk	9 Week 3 Day 5 GRAIN WG Carrot Bread 57 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk

12 g Carb Skim Chocolate Milk 20 g Carb	20 g Carb Skim Milk 12 g Carb CONDIMENTS Breakfast Syrup Cup 21 g Carb	1% Milk 13 g Carb Skim Milk 12 g Carb Skim Chocolate Milk 20 g Carb	20 g Carb Skim Milk 12 g Carb CONDIMENTS Breakfast Syrup Cup 21 g Carb	20 g Carb Skim Milk 12 g Carb
12 Week 4 Day 1 GRAIN WG Cinnamon Muffin	13 Week 4 Day 2 MAIN ENTREE Strawberry French Toast Casserole	14 Week 4 Day 3 GRAIN WG Waffle(s) 24 g Carb	15 Week 4 Day 4 GRAIN WG Apple Bread 50 g Carb	16 Week 4 Day 5 MAIN ENTREE Breakfast Sandwich

31 g Carb	27 g Carb			26 g Carb
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
Whole Red Apple 25 g Carb	Golden Delicious Apple 25 g Carb	Whole Red Apple 25 g Carb	Whole Red Apple 25 g Carb	Whole Red Apple 25 g Carb
MILK	MILK	MILK	MILK	MILK
1% Milk 13 g Carb	1% Milk 13 g Carb	1% Milk 13 g Carb	1% Milk 13 g Carb	1% Milk 13 g Carb
Skim Milk 12 g Carb	Skim Chocolate Milk 20 g Carb	Skim Milk 12 g Carb	Skim Chocolate Milk 20 g Carb	Skim Chocolate Milk 20 g Carb
Skim Chocolate Milk 20 g Carb	Skim Milk 12 g Carb	Skim Chocolate Milk 20 g Carb	Skim Milk 12 g Carb	Skim Milk 12 g Carb
		CONDIMENTS		
		Breakfast Syrup Cup 21 g Carb		

19 Week 1 Day 1 GRAIN Chocolate Chip Banana Bread 25 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Milk 12 g Carb Skim Chocolate Milk 20 g Carb	20 Week 1 Day 2 GRAIN WG Pancake 28 g Carb FRUIT Golden Delicious Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk 20 g Carb Skim Milk 12 g Carb CONDIMENTS Breakfast Syrup Cup 21 g Carb	21 Week 1 Day 3 GRAIN Pumpkin Apple Bread 45 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Milk 12 g Carb Skim Chocolate Milk 20 g Carb	22 Week 1 Day 4 GRAIN Maple Snack'n Waffle 37 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk 20 g Carb Skim Milk 12 g Carb	23 Week 1 Day 4 MAIN ENTREE Cinnamon Brown Sugar Oatmeal 19 g Carb GRAIN Granola Crumble 24 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk 20 g Carb Skim Milk 12 g Carb

26 Memorial Day Memorial Day Week 1 Day 1 GRAIN WG Banana Bread 24 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Milk 12 g Carb Skim Chocolate Milk 20 g Carb	27 Week 1 Day 2 GRAIN WG French Toast Sticks 19 g Carb FRUIT Golden Delicious Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk 20 g Carb Skim Milk 12 g Carb CONDIMENTS	28 Week 1 Day 3 MAIN ENTREE Breakfast Sandwich 26 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Milk 12 g Carb Skim Chocolate Milk 20 g Carb	29 Week 1 Day 4 MAIN ENTREE Strawberry French Toast Casserole 27 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk 20 g Carb Skim Milk 12 g Carb	30 Week 1 Day 4 GRAIN WG Zucchini Bread 20 g Carb FRUIT Whole Red Apple 25 g Carb MILK 1% Milk 13 g Carb Skim Chocolate Milk 20 g Carb Skim Milk 12 g Carb

	Breakfast Syrup Cup 21 g Carb			
--	-------------------------------------	--	--	--

This institution is an equal opportunity provider.