

**May 2026** | * NSLP PreK-8 Menus | **Lunch Menu** | **CJA K-8 Hot Lunch 25/26**

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	1
Week 2 Day 1	Week 2 Day 2	Week 2 Day 3	Week 2 Day 4	Week 2 Day 5
MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
Beef Hot Dog-Teton Classic Uncured 1 g Carb	Jerk Glaze Chicken 6 g Carb	WG Chicken Nuggets 13 g Carb	BBQ Chicken Breast 8 g Carb	WG Mostaccioli 32 g Carb
GRAIN	GRAIN	GRAIN	GRAIN	GRAIN
WG Hot Dog Bun 27 g Carb	Arroz Verde 22 g Carb	WG Bread Slice 13 g Carb	Cornbread 18 g Carb	WG Garlic Herb Breadstick 12 g Carb
VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE
Green Beans 6 g Carb	Corn Salad 14 g Carb	Cucumber Slices 1 g Carb	Vegetarian Baked Beans 31 g Carb	Broccoli Florets 3 g Carb
Pickle Chips 0 g Carb	Baby Carrots 3 g Carb	Steamed Carrots 6 g Carb	Celery Sticks 1 g Carb	Cherry Tomatoes 1 g Carb
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
Orange Slices 12 g Carb	Apple Slices 13 g Carb	Pears Slices 14 g Carb	Cantaloupe 7 g Carb	Fruit Salad CP 8 g Carb
MILK	MILK	MILK	MILK	MILK
Skim Chocolate Milk 20 g Carb	Skim Chocolate Milk 20 g Carb	Skim Chocolate Milk 20 g Carb	Skim Milk 12 g Carb	Skim Milk 12 g Carb
Skim Milk 20 g Carb	Skim Milk 12 g Carb	Skim Milk 12 g Carb	Skim Chocolate Milk 20 g Carb	Skim Chocolate Milk 20 g Carb
Skim Milk	1% Milk	1% Milk		1% Milk

12 g Carb

1% Milk
13 g Carb

13 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

13 g Carb

CONDIMENTS

Ketchup Packet
2 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

1% Milk
13 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

13 g Carb

4

Week 3 Day 1

5

Week 3 Day 2

6

Week 3 Day 3

7

Week 3 Day 4

8

Week 3 Day 5

MAIN ENTREE

Crispy Buffalo
Chicken Patty
15 g Carb

GRAIN

WG Hamburger
Bun
26 g Carb

VEGETABLE

Pickle Chips
0 g Carb

Steamed Carrots
6 g Carb

FRUIT

Applesauce
15 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

MAIN ENTREE

Teriyaki Chicken
Thigh
2 g Carb

GRAIN

(Not-so)Fried
Rice
46 g Carb

VEGETABLE

Broccoli Florets
3 g Carb

Celery Sticks
1 g Carb

FRUIT

Pears Slices
14 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

GRAIN

WG Elbow
Noodles
25 g Carb

VEGETABLE

Italian Chickpea
Salad
7 g Carb

Broccoli Florets
3 g Carb

FRUIT

Apple Slices
13 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

CONDIMENTS

Shredded
Mozzarella
Cheese
2 g Carb

SAUCE

Tomato Cream
Sauce
6 g Carb

MAIN ENTREE

Chicken Tinga
2 g Carb

GRAIN

WG Tortilla 6"
30 g Carb

VEGETABLE

Black Beans
8 g Carb

Sweet Corn
17 g Carb

FRUIT

Pineapple
11 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

CONDIMENTS

Shredded
Cheddar Cheese
0 g Carb

MAIN ENTREE

Cajun Red Beans
and Rice
75 g Carb

VEGETABLE

Baby Carrots
5 g Carb

Coleslaw
DF/GF/EF
5 g Carb

FRUIT

Appleberry
Sauce
14 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

<p>11</p> <p>Week 4 Day 1</p> <p>MAIN ENTREE</p> <p>Beef Burger w/ Cheddar Cheese 1 g Carb</p> <p>GRAIN</p> <p>WG Hamburger Bun 26 g Carb</p> <p>VEGETABLE</p> <p>Celery Sticks 1 g Carb</p> <p>Steamed Carrots 6 g Carb</p>	<p>12</p> <p>Week 4 Day 2</p> <p>MAIN ENTREE</p> <p>WG Chicken Nuggets 16 g Carb</p> <p>GRAIN</p> <p>WG Bread Slice 13 g Carb</p> <p>VEGETABLE</p> <p>Peas 9 g Carb</p> <p>Lemony Chickpea Salad 12 g Carb</p>	<p>13</p> <p>Week 4 Day 3</p> <p>MAIN ENTREE</p> <p>Homemade Cheese Sauce 7 g Carb</p> <p>GRAIN</p> <p>WG Elbow Noodles 25 g Carb</p> <p>VEGETABLE</p> <p>Squash Medley 2 g Carb</p> <p>Cherry Tomatoes 1 g Carb</p>	<p>14</p> <p>Week 4 Day 4</p> <p>MAIN ENTREE</p> <p>Adobo Chicken 4 g Carb</p> <p>GRAIN</p> <p>Spanish Rice 32 g Carb</p> <p>VEGETABLE</p> <p>Black Beans 8 g Carb</p> <p>Corn Salad 14 g Carb</p> <p>FRUIT</p> <p>Honeydew</p>	<p>15</p> <p>Week 4 Day 5</p> <p>MAIN ENTREE</p> <p>WG BBQ Chicken Pizza 42 g Carb</p> <p>VEGETABLE</p> <p>Broccoli Florets 3 g Carb</p> <p>Baby Carrots 3 g Carb</p> <p>FRUIT</p> <p>Pineapple 11 g Carb</p> <p>MILK</p>

FRUIT

Orange Slices
12 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

CONDIMENTS

Ketchup Packet
2 g Carb

Mustard Packet
0 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

FRUIT

Apple Slices
13 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

CONDIMENTS

Ketchup Packet
2 g Carb

FRUIT

Pears Slices
14 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

5 g Carb

MILK

Skim Milk
12 g Carb

1% Milk
13 g Carb

Skim Milk
12 g Carb

1% Milk
13 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

<p>18</p> <p>Week 1 Day 1</p> <p>MAIN ENTREE</p> <p>WG Chicken Patty 15 g Carb</p> <p>GRAIN</p> <p>WG Hamburger Bun 26 g Carb</p> <p>VEGETABLE</p> <p>Green Beans 6 g Carb</p> <p>Cherry Tomatoes 1 g Carb</p> <p>FRUIT</p> <p>Orange Slices 12 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Milk 12 g Carb</p> <p>CONDIMENTS</p> <p>Ketchup Packet</p>	<p>19</p> <p>Week 1 Day 2</p> <p>GRAIN</p> <p>WG Rotini 27 g Carb</p> <p>VEGETABLE</p> <p>Lemony Chickpea Salad 12 g Carb</p> <p>Steamed Carrots 6 g Carb</p> <p>FRUIT</p> <p>Pears Slices 28 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Milk 12 g Carb</p> <p>CONDIMENTS</p> <p>Shredded Mozzarella Cheese 2 g Carb</p> <p>SAUCE</p>	<p>20</p> <p>Week 1 Day 3</p> <p>MAIN ENTREE</p> <p>Southwest Sweet Chipotle Chicken Drumstick 7 g Carb</p> <p>GRAIN</p> <p>Brown Rice 32 g Carb</p> <p>VEGETABLE</p> <p>Peas 9 g Carb</p> <p>Celery Sticks 1 g Carb</p> <p>FRUIT</p> <p>Apple Slices 13 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Milk 12 g Carb</p> <p>SAUCE</p>	<p>21</p> <p>Week 1 Day 4</p> <p>MAIN ENTREE</p> <p>Green Pozole w/ Chicken 15 g Carb</p> <p>GRAIN</p> <p>Tortilla Chips 16 g Carb</p> <p>VEGETABLE</p> <p>Cabbage 2 g Carb</p> <p>Black Beans 8 g Carb</p> <p>FRUIT</p> <p>Cantaloupe 7 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Milk 12 g Carb</p> <p>CONDIMENTS</p> <p>Lime</p>	<p>22</p> <p>Week 1 Day 5</p> <p>MAIN ENTREE</p> <p>Grilled Cheese, American 30 g Carb</p> <p>VEGETABLE</p> <p>Broccoli Florets 3 g Carb</p> <p>Soup Tomato 6 g Carb</p> <p>FRUIT</p> <p>Fruit salad HP 7 g Carb</p> <p>MILK</p> <p>Skim Milk 12 g Carb</p> <p>1% Milk 13 g Carb</p>

<p>2 g Carb</p>	<p>Roasted Red Pepper Sauce 4 g Carb</p>	<p>Ranch Dressing Packet 1 g Carb</p>	<p>2 g Carb</p>	
<p>25</p> <p>Memorial Day Week 1 Day 1</p> <p>GRAIN</p> <p>WG Penne Pasta 27 g Carb</p> <p>VEGETABLE</p> <p>Green Beans</p>	<p>26</p> <p>Week 1 Day 2</p> <p>MAIN ENTREE</p> <p>Beef Hot Dog-Teton Classic Uncured 1 g Carb</p> <p>GRAIN</p>	<p>27</p> <p>Week 1 Day 3</p> <p>MAIN ENTREE</p> <p>Southwest Seasoned Chicken Breast 4 g Carb</p> <p>GRAIN</p>	<p>28</p> <p>Week 1 Day 4</p> <p>MAIN ENTREE</p> <p>Turkey Bolognese 4 g Carb</p> <p>GRAIN</p> <p>WG Rotini</p>	<p>29</p> <p>Week 1 Day 5</p> <p>MAIN ENTREE</p> <p>WG Chicken Nuggets 16 g Carb</p> <p>GRAIN</p> <p>WG Bread Slice</p>

6 g Carb
Three Bean Salad
13 g Carb

FRUIT

Applesauce
15 g Carb

MILK

1% Milk
13 g Carb
Skim Milk
12 g Carb

CONDIMENTS

Shredded
Mozzarella
Cheese
2 g Carb

SAUCE

Tomato Cream
Sauce
6 g Carb

WG Hot Dog Bun
27 g Carb

VEGETABLE

Steamed Carrots
6 g Carb
Celery Sticks
1 g Carb

FRUIT

Appleberry
Sauce
14 g Carb

MILK

1% Milk
13 g Carb
Skim Milk
12 g Carb

CONDIMENTS

Ketchup Packet
2 g Carb
Mustard Packet
0 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

Arroz Verde
22 g Carb

VEGETABLE

Sweet Corn
17 g Carb
Seasoned Black
Beans
8 g Carb

FRUIT

Apple Slices
13 g Carb

MILK

1% Milk
13 g Carb
Skim Milk
12 g Carb

27 g Carb

VEGETABLE

Cucumber Slices
1 g Carb
Broccoli Florets
3 g Carb

FRUIT

Pineapple
11 g Carb

MILK

1% Milk
13 g Carb
Skim Milk
12 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

13 g Carb

VEGETABLE

Baby Carrots
3 g Carb
Peas
9 g Carb

FRUIT

Fruit Salad CP
8 g Carb

MILK

Skim Milk
12 g Carb
1% Milk
13 g Carb

CONDIMENTS

Ketchup Packet
2 g Carb

SAUCE

Ranch Dressing
Packet
1 g Carb

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