



May 2026 | * NSLP PreK-8 Menus | **Breakfast Menu** | **NSLP K-8 Hot Pack**

Breakfast 25/26

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	1
Week 2 Day 1	Week 2 Day 2	Week 2 Day 3	Week 2 Day 4	Week 2 Day 5
GRAIN	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	GRAIN
WG Carrot Bread 29 g Carb	Scrambled Eggs w/ Cheese 0 g Carb	WG French Toast Casserole 28 g Carb	Chicken Breakfast Sausage Links 1 g Carb	WG Zucchini Bread 20 g Carb
FRUIT	GRAIN	FRUIT	GRAIN	FRUIT
Whole Green Apple 25 g Carb	WG Bread Slice 13 g Carb	Pear 28 g Carb	WG Waffle(s) 24 g Carb	Pear 28 g Carb
MILK	FRUIT	MILK	FRUIT	MILK
1% Milk 13 g Carb	Whole Green Apple 25 g Carb	1% Milk 13 g Carb	Whole Green Apple 25 g Carb	1% Milk 13 g Carb
Skim Milk 12 g Carb	MILK	Skim Milk 12 g Carb	MILK	Skim Chocolate Milk 20 g Carb
Skim Chocolate Milk 20 g Carb	1% Milk 13 g Carb	Skim Chocolate Milk 20 g Carb	1% Milk 13 g Carb	Skim Milk 12 g Carb
	Skim Chocolate Milk 20 g Carb		Skim Chocolate Milk 20 g Carb	
	Skim Milk 12 g Carb		Skim Milk 12 g Carb	
			CONDIMENTS	

Strawberry
Compote
2 g Carb

4

Week 3 Day 1

GRAIN

WG Strawberry
Banana Bread
25 g Carb

FRUIT

Whole Red
Apple

5

Week 3 Day 2

MAIN ENTREE

Chicken
Breakfast
Sausage Links
1 g Carb

GRAIN

WG French Toast
Sticks

6

Week 3 Day 3

MAIN ENTREE

Cinnamon Brown
Sugar Oatmeal
28 g Carb

GRAIN

Granola Crumble
28 g Carb

7

Week 3 Day 4

GRAIN

WG Pancake
28 g Carb

FRUIT

Whole Red
Apple
25 g Carb

8

Week 3 Day 5

GRAIN

WG Apple Bread
50 g Carb

FRUIT

Whole Red
Apple
25 g Carb

25 g Carb

MILK

1% Milk
13 g Carb

Skim Milk
12 g Carb

Skim Chocolate
Milk
20 g Carb

19 g Carb

FRUIT

Whole Red
Apple
25 g Carb

MILK

1% Milk
13 g Carb

Skim Chocolate
Milk
20 g Carb

Skim Milk
12 g Carb

CONDIMENTS

Breakfast Syrup
Cup
21 g Carb

FRUIT

Whole Red
Apple
25 g Carb

MILK

1% Milk
13 g Carb

Skim Milk
12 g Carb

Skim Chocolate
Milk
20 g Carb

MILK

1% Milk
13 g Carb

Skim Chocolate
Milk
20 g Carb

Skim Milk
12 g Carb

CONDIMENTS

Blueberry
Compote
6 g Carb

MILK

1% Milk
13 g Carb

Skim Chocolate
Milk
20 g Carb

Skim Milk
12 g Carb

<p>11</p> <p>Week 4 Day 1</p> <p>GRAIN</p> <p>WG Chocolate Chip Pumpkin Bread 34 g Carb</p> <p>FRUIT</p> <p>Whole Orange 25 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Milk 12 g Carb</p> <p>Skim Chocolate Milk 20 g Carb</p>	<p>12</p> <p>Week 4 Day 2</p> <p>MAIN ENTREE</p> <p>WG Strawberry French Toast Casserole 27 g Carb</p> <p>FRUIT</p> <p>Whole Orange 25 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Chocolate Milk 20 g Carb</p> <p>Skim Milk 12 g Carb</p>	<p>13</p> <p>Week 4 Day 3</p> <p>MAIN ENTREE</p> <p>Mediterranean Egg Muffin 1 g Carb</p> <p>GRAIN</p> <p>WG Bread Slice 13 g Carb</p> <p>FRUIT</p> <p>Whole Red Apple 25 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Milk 12 g Carb</p> <p>Skim Chocolate Milk 20 g Carb</p>	<p>14</p> <p>Week 4 Day 4</p> <p>GRAIN</p> <p>WG Banana Bread 24 g Carb</p> <p>FRUIT</p> <p>Pear 28 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Chocolate Milk 20 g Carb</p> <p>Skim Milk 12 g Carb</p>	<p>15</p> <p>Week 4 Day 5</p> <p>MAIN ENTREE</p> <p>Chicken Breakfast Sausage Links 1 g Carb</p> <p>GRAIN</p> <p>WG Waffle(s) 12 g Carb</p> <p>FRUIT</p> <p>Pear 28 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Chocolate Milk 20 g Carb</p> <p>Skim Milk 12 g Carb</p> <p>CONDIMENTS</p> <p>Blueberry Compote 6 g Carb</p>

<p>18</p> <p>Week 1 Day 1</p> <p>GRAIN</p> <p>WG Chocolate Chip Banana Bread 25 g Carb</p> <p>FRUIT</p> <p>Whole Red Apple 25 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Milk</p>	<p>19</p> <p>Week 1 Day 2</p> <p>MAIN ENTREE</p> <p>Chicken Breakfast Sausage Links 1 g Carb</p> <p>GRAIN</p> <p>WG Pancake 13 g Carb</p> <p>FRUIT</p> <p>Whole Red Apple 25 g Carb</p>	<p>20</p> <p>Week 1 Day 3</p> <p>GRAIN</p> <p>WG Blueberry Muffin 38 g Carb</p> <p>FRUIT</p> <p>Whole Green Apple 25 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Milk</p>	<p>21</p> <p>Week 1 Day 4</p> <p>GRAIN</p> <p>WG Maple Snack'n Waffle 37 g Carb</p> <p>FRUIT</p> <p>Whole Green Apple 25 g Carb</p> <p>MILK</p> <p>1% Milk 13 g Carb</p> <p>Skim Chocolate Milk</p>	<p>22</p> <p>Week 1 Day 4</p> <p>MAIN ENTREE</p> <p>Cinnamon Brown Sugar Oatmeal 28 g Carb</p> <p>GRAIN</p> <p>Granola Crumble 28 g Carb</p> <p>FRUIT</p> <p>Whole Green Apple 25 g Carb</p>

12 g Carb

Skim Chocolate
Milk
20 g Carb

MILK

1% Milk
13 g Carb
Skim Chocolate
Milk
20 g Carb
Skim Milk
12 g Carb

CONDIMENTS

Strawberry
Compote
2 g Carb

12 g Carb

Skim Chocolate
Milk
20 g Carb

20 g Carb

Skim Milk
12 g Carb

MILK

1% Milk
13 g Carb
Skim Chocolate
Milk
20 g Carb
Skim Milk
12 g Carb

Memorial Day

Week 1 Day 1

MAIN ENTREE

WG Strawberry
French Toast
Casserole
27 g Carb

FRUIT

Whole Orange
25 g Carb

MILK

1% Milk
13 g Carb

Skim Milk
12 g Carb

Skim Chocolate
Milk
20 g Carb

Week 1 Day 2

GRAIN

WG Blueberry
Snack'n Waffle
37 g Carb

FRUIT

Whole Red
Apple
25 g Carb

MILK

1% Milk
13 g Carb

Skim Chocolate
Milk
20 g Carb

Skim Milk
12 g Carb

Week 1 Day 3

GRAIN

WG Pancake
28 g Carb

FRUIT

Pear
28 g Carb

MILK

1% Milk
13 g Carb

Skim Milk
12 g Carb

Skim Chocolate
Milk
20 g Carb

CONDIMENTS

Strawberry
Compote
2 g Carb

Week 1 Day 4

GRAIN

WG Banana
Bread
48 g Carb

FRUIT

Whole Green
Apple
25 g Carb

MILK

1% Milk
13 g Carb

Skim Chocolate
Milk
20 g Carb

Skim Milk
12 g Carb

Week 1 Day 4

GRAIN

WG French Toast
Sticks
19 g Carb

FRUIT

Golden Delicious
Apple
25 g Carb

MILK

1% Milk
13 g Carb

Skim Chocolate
Milk
20 g Carb

Skim Milk
12 g Carb

CONDIMENTS

Strawberry
Compote
2 g Carb

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