



CJA Hot Lunch

October 2026

MONDAY

28

WG Chicken Patty

Hamburger Bun
Carrot Coins • Celery
Orange Slices
Ketchup • Ranch Dressing

TUESDAY

29

Creamy Tomato Rotini Pasta

Squash Medley
Applesauce

WEDNESDAY

30

BBQ Chicken Breast

Cornbread
Baby Carrots • Roasted Potatoes
Pear Slices
Ranch Dressing

THURSDAY

1

Adobo Chicken

Arroz Verde Rice
Corn • Seasoned Black Beans
Pineapple

FRIDAY

2

Beef Hot Dog

WG Hot Dog Bun
Broccoli • Italian Chickpea
Fruit Salad
Ketchup • Mustard Packet

5

Beef Burger & American Cheese

Hamburger Bun
Corn • Pickle Chips
Orange Slices
Ketchup • Mustard Packet

6

Chicken Nuggets

WG Bread
Carrot Coins • Celery
Applesauce
Ketchup • Ranch Dressing

7

WG Chili Mac

Broccoli • Red Pepper Strips
Pear Slices

8

Pozole

WG Tortilla Chips
Black Beans • Green Cabbage
Lime • Pineapple

9

Teriyaki Chicken

(not so) Fried Rice
Baby Carrots • Peas & Carrots
Cantaloupe
Ranch Dressing

12

WG Buffalo Chicken Patty

Hamburger Bun
Green Beans • Celery
Applesauce
Ranch Dressing

13

Mac & Cheese

Carrot Coins • Green Pepper Strips
Pear Slices

14

Turkey Taco

WG Tortilla
Black Beans • Corn
Apple Slices
Taco Sauce Packet

15

Turkey Chili

WG Garlic & Herb Breadstick
Broccoli • Baby Carrots
Cantaloupe
Ranch Dressing • Shredded Cheddar Cheese

16

Cajun Beans & Rice

Roasted Potatoes • Cucumber
Fruit Salad
Ranch Dressing

19

Hot Honey Chicken

Hamburger Bun
Carrot Coins • Celery
Applesauce
Ranch Dressing

20

Chicken Nuggets

WG Bread
Three Bean Salad • Green Beans
Apple Slices
Ketchup

21

Penne Marinara with Cheese

WG Garlic & Herb Breadstick
Broccoli
Pear Slices

22

Turkey Sloppy Joe

Hamburger Bun
Mashed Potatoes • Cucumber
Fruit Salad
Gravy • Ranch Dressing

23

Red Pozole

WG Tortilla Chips
Black Beans • Green Cabbage
Pineapple

26

WG Chicken Patty

Hamburger Bun
Carrot Coins • Celery
Orange Slices
Ketchup • Ranch Dressing

27

Creamy Tomato Rotini Pasta

Squash Medley
Applesauce

28

BBQ Chicken Breast

Cornbread
Baby Carrots • Roasted Potatoes
Pear Slices
Ranch Dressing

29

Adobo Chicken

Arroz Verde Rice
Corn • Seasoned Black Beans
Pineapple

30

Beef Hot Dog

WG Hot Dog Bun
Broccoli • Italian Chickpea
Fruit Salad
Ketchup • Mustard Packet

Daily Choice of Milk

This institution is an equal
opportunity provider